

APPETIZERS アペタイザー

Onion Slice with Ponzu...\$6.50 オニオンスライス

Edamame...\$7.20 茹でたて枝豆

Agedashi Tofu...\$9.80 揚げ出し豆腐

Cold Tofu...\$12.80 おぼろ豆腐

Tofu Salad with Sesame Dressing...\$15.80 ゴマダレ豆腐サラダ

Stewed Beef Daikon...\$13.50 牛すじ大根

Shingen Ahi Poke*...\$18.00 心玄流アヒポキ Deep Fried Rice Cake...\$8.50 揚げもち

Tamago yaki...\$7.00 玉子焼き

Tuna with Yam*...\$16.00マグロ山かけ

Pickled Garlic & Okra...\$6.80 漬けにんにくとオクラ

SERVED AFTER 5:00PM—LIMITED QUANTITY

Aburi Shime Saba*...\$17.00 炙りしめ鯖







DEEP FRIED 揚げ物



Potato Croquette......\$9.80 懐かしのコロッケ



Deep-Fried Takoyaki......\$8.50 揚げたこ焼き



Japanese Fried Mackerel......\$9.80 アジフライ



Karaage......\$14.00 からあげ



Loin Tonkatsu......\$15.00 ロースとんかつ



Okonomiyaki......\$14.00 お好み焼き

A 4% kitchen charge is added to all bills to help us support fair wages for our kitchen staff—mahalo for supporting them with us.

^{*}consuming raw or undercooked meats, poultry, or egg may increase your risk of foodborne illness especially if you have certain medical conditions.

SKEWERS 串

NOTE

For the best flavor, all skewers are prepared to our house medium. We kindly cannot accommodate requests for other doneness levels.

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Chicken Tsukune Skewer....\$6.00 ツクネ串



Chicken Thigh Skewer.......\$6.00 鳥モモ 串



Pork Belly Skewer.....\$11,80 豚バラ串



Grilled Beef Tongue*......\$15.80 霜降り牛タン串



Ribeye Skewer*......\$12.80 リブアイ串

TEMPURA 天ぷら



Shrimp Tempura Mix\$32.00 大海老天ぷら盛り合わせ



Vegetable Tempura Mix \$25.00 野菜天ぷら盛り合わせ

ALA CARTE SELECTION 单品

- Large Shrimp... \$8.00 大海老天ぷら
- Mochi ... \$3.00 もち
- Kakiage ... \$2.50 かき揚げ
- Sweet Potato...\$2.50 紫いも
- Pumpkin...\$2.50 かぼちゃ

- Lotus Root ... \$2.00 れんこん
- Asparagus ... \$2.00 アスパラガス
- Red Bell Pepper... \$2.00 パプリカ
- Onion...\$2.00 たまねぎ

OUR NOODLES



Soba

Our soba noodles are locally made with fresh buckwheat from Hokkaido

北海道産にこだわり、新鮮なそば粉を独自の ルートで仕入れて、ハワイで製麺しております。



Moringa Soba

Our moringa soba is kneaded with this popular superfood with 90+ nutrients

心玄の蕎麦に練り込んだ、90種以上の栄養素を 含む"次世代スーパーフード"モリンガ。



Ube Udon

This chewy udon is kneaded with antioxidant-rich ube powder

抗酸化力の高いウベ芋パウダーを練り込んだ、 心玄オリジナルの薄紅うどん。



Beef Tsuke 肉つけ...\$21.00 Cold noodles topped with beef, negi, nori & sesame seeds

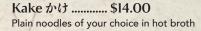


Beef Kake 肉かけ...\$21.00 Hot noodles topped with beef, negi, nori & sesame seeds



Seiro せいろ....... \$14.00

Plain cold noodles of your choice with traditional cold tsuyu dipping sauce





Kamo Seiro \$28.00 鴨せいろ

Cold noodles & hot duck soup dipping sauce topped with negi



Curry Tsuke \$21.00 カレーつけ

Cold noodles & hot curry dipping sauce (with pork)





Kamo Namban....\$28.00 鴨南蛮

Hot noodles in duck soup broth topped with negi



Curry Namban \$21.00 カレー南蛮

Hot noodles in curry soup (with pork)



Noodle & Tempura Set\$32.00 大海老天せいろ/かけ

Cold/Hot noodles of your choice paired with tempura

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Tsukimi Tororo*...\$19.00 月見とろろ

Cold noodles topped with, nori, negi, egg, sesame seeds, grated yam & cold tsuyu dipping sauce



Goma dare\$19.00 ごまだれ

Cold noodles with sesame dipping Sauce



Croquette Kake...\$21.00 コロッケかけ

Hot noodles topped with croquette, fried batter flakes, negi, wakame in



Mochi Tem Kake...\$22.00 餅天かけ

Hot noodles topped with deep fried mochi, wakame, & negi in hot broth



Spicy Miso Tsuke...\$22.00 胡麻味噌スパイシー

Cold noodles with hot spicy miso sesame sauce, ground pork, negi, & sesame seeds



KakiageTem Kake \$19.00 かき揚げかけ

Hot noodles with deep fried veggie fritter, wakame, & negi in hot broth



Natto Mix\$21.00 納豆ぶっかけ

Cold noodles with, natto, nori, negi, bonito, egg, okra, sesame seeds, grated yam & cold tsuyu dipping sauce



Shingen Mix\$21.00 心玄まぜ蕎麦

Warm noodles with ground pork, nori, negi, red ginger, okra, bonito, egg, & sesame seeds

ADD ON TO YOUR DISH

- Large size 大盛り(1.5x noodles)...\$6.00
- Sesame Dipping Sauce ごまだれ…\$5.00
- Miso Soup 味噌汁...\$2.00
- Japanese Pickles 漬け物...\$2.00

Special Toppings お好み追加

- Thinly-sliced Beef ... \$5.00 牛丼肉
- Oxtail Meat ... \$5.00 オックステール
- Soft Cooked Egg*...\$2.00 温泉卵
- Okra...\$2.00 オクラ
- Wasabi & Negi...\$1.00 薬味

- Grated Tororo Yam ... \$4.00 とろろ
- Grated Daikon Radish ... \$3.00 おろし
- Green Onion...\$1.50 青ネギ
- Nori...\$1.00
- のり

- Natto... \$3.00 納豆
- Wakame Seaweed...\$2.50 わかめ
- Croquette...\$3.00 コロッケ
- Lemon Wedge... \$0.50 カットレモン
- Cold Tsuyu Dipping Sauce/Hot Soup Broth...\$1.00 つゆ

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RICE DISHES ご飯もの



Assorted Tempura on Rice...... \$27.00 天丼



Hiroo Curry and Rice\$18.50 広尾のカレー

\$10 MINI DON

- ▶ Mini Tempura Bowl ミニ天丼
- ▶ Mini Beef Bowl ミニ牛丼
- ▶ Mini Curry Rice ミニカレー丼



Sweet Stewed Beef on Rice......\$18.00 心玄流牛丼



Karaage on Rice.....\$18.00からあげ丼





Side of Rice...\$3.00

RAINBOW SPECIAL レインボー コース ... \$52.00

Our special dinner course featuring our best-selling menu items 大人気の牛タンの串焼きの入った お得なコース

- ▶ Tofu Salad with Sesame Dressing ゴマダレ豆腐サラダ
- Maguro Yamakake प्रामाकित
- ▶ Assorted Tempura Set 大海老天ぷら盛り合わせ
- ▶ Grilled Beef Tongue 厚切り霜降り牛タン串焼き
- **Cold or Hot Noodles of your choice** せいろ/かけ

DESSERT デザート



HOUSE-MADE WARABI MOCHI...\$8.80 自家製わらび餅

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LUNCH COMBO

\$21.00

1. Choose HOT or COLD noodles せいろかかけかをお選びください





2. Choose your noodle type **2. Manual Manual State State**







SOBA

MORINGA

UBE



UPGRADE TO GOMA DARE! ごまだれ追加 +\$5.00 **3.** Choose your mini rice bowl ミニ丼の種類をお選びください

Tempura 天丼 | Beef 牛丼 | Curry カレーライス

TEISHOKU



Ribeye steak Teishoku \$28.00 リブアイステーキ定食

Ribeye steak, rice, miso soup, and Japanese pickles



Tendon Teishoku \$24.00 天丼定食

Assorted tempura over rice, miso soup, and Japanese pickles



Loin Tonkatsu Teishoku \$21.00 ロース とんかつ定食

Pork katsu, cabbage, rice, misosoup, and Japanese pickles

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